

SECURITIES & EXCHANGE COMMISSION EDGAR FILING

Ecoark Holdings, Inc.

Form: 4

Date Filed: 2018-10-30

Corporate Issuer CIK: 1437491

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person Metzger Gary M.		2. Issuer Name and Ticker or Trading Symbol Ecoark Holdings, Inc. [ZEST]		5. Relationship of Reporting Person(s) to Issuer (Check all applicable) <input checked="" type="checkbox"/> Director <input type="checkbox"/> Officer (give title below) <input type="checkbox"/> 10% Owner <input type="checkbox"/> Other (specify below)						
1010 NW J ST, SUITE I		3. Date of Earliest Transaction (Month/Day/Year) 10/27/2018								
BENTONVILLE, AR 72712		4. If Amendment, Date Original Filed (Month/Day/Year)		6. Individual or Joint/Group Filing (Check Applicable Line) <input checked="" type="checkbox"/> Form filed by One Reporting Person <input type="checkbox"/> Form filed by More than One Reporting Person						
		Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned								
1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number. SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form of Derivative Security: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	V	(A)	(D)	Date Exercisable	Expiration Date						Title
Non-qualified Stock Option (right to buy)	\$ 1.02	10/27/2018 ⁽¹⁾		A		28,982		10/27/2018	10/27/2023	Common Stock	28,982	\$ 0	28,982	D	

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
Metzger Gary M. 1010 NW J ST SUITE I BENTONVILLE, AR 72712	X			

Signatures

/s/ JAY PUCHIR, ATTORNEY-IN-FACT 10/30/2018
Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The option agreements were issued to the directors on October 27, 2018, based on the Issuer's stock price at the end of the quarter pursuant to Issuer's policy on directors' compensation.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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1. Name and Address of Reporting Person Metzger Gary M.		2. Issuer Name and Ticker or Trading Symbol Ecoark Holdings, Inc. [ZEST]		5. Relationship of Reporting Person(s) to Issuer (Check all applicable)		
<small>(Last)</small>	<small>(First)</small>	<small>(Middle)</small>	3. Date of Earliest Transaction (Month/Day/Year) 10/27/2018		<input checked="" type="checkbox"/> Director <input type="checkbox"/> Officer (give title below) <input type="checkbox"/> 10% Owner <input type="checkbox"/> Other (specify below) 	
1010 NW J ST, SUITE I			6. Individual or Joint/Group Filing (Check Applicable Line)			
<small>(Street)</small>	4. If Amendment, Date Original Filed (Month/Day/Year)		<input checked="" type="checkbox"/> Form filed by One Reporting Person <input type="checkbox"/> Form filed by More than One Reporting Person			
BENTONVILLE, AR 72712			Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned			
<small>(City)</small>	<small>(State)</small>	<small>(Zip)</small>	1. Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)
			3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)
			Code	V	Amount	(A) or (D)
					Price	7. Nature of Indirect Beneficial Ownership (Instr. 4)

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Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
Metzger Gary M. 1010 NW J ST SUITE I BENTONVILLE, AR 72712	X			

Signatures

/s/ JAY PUCHIR, ATTORNEY-IN-FACT	10/30/2018
<small>Signature of Reporting Person</small>	<small>Date</small>

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